



San Miguel Centre
Calle Lope de Vega 45,
San Miguel de Salinas
03193, Alicante –

Telephone: 966 723 733 (24 Hr Emergency Line)

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INFORMATION SHEET No 29

LEY DE DEPENDENCIA

THE DEPENDENCY LAW

Do you know that you are entitled to apply for the Ley de Dependencia (The Dependency Law) as a resident in Spain?

Anyone who has lived in Spain for 5 years may be entitled to help under the **Ley de Dependencia**. This law is to help people who are dependent on others, for example they require help to carry out everyday tasks such as bathing or dressing. The dependence can be due to increasing age , illness or injury and applies as much to mental disability as to physical incapacity.

To be eligible for assistance under this law, you must be assessed as possessing one of the three levels of incapacity. You must also have been officially resident in Spain for 5 years, two of which must be immediately before your claim in the area where you currently live. If you meet these criteria, there are a number of means tested services available to you. These include home help, telephone assistance or residential care. There may also be economic help available, either to pay for a specific service, such as home help, or for those who act as carers.

All applications for help under this law should be made through the social worker at your local town hall.

Please note that the earlier you apply the better, as there can often be a significant time delay before the claim is granted.

WHAT ARE THE DEGREES OF DEPENDENCE AND HOW ARE YOU ASSESSED?

Not all people have the same degree of dependency. To assess the degree of dependence, professionals specialised in this area will use a Scale. For this, they will carry out an evaluation in your usual environment, where they will consider both the health reports you provide and the conditions in which you live, etc.

There are three Degrees:

Grade III - Large Dependency. When the person needs the continued help of another person to perform their daily basic activities.

Grade II - Severe Dependency: When the person needs help for their basic activities two or three times a day, but does not need a caregiver permanently.

Grade I - Moderate Dependence: The person needs help at least once a day or needs help intermittently.

WHAT HELP CAN BE APPLIED FOR?

There are several grants that can be provided but each Autonomous region govern these, so the amounts can vary. You should know that in many cases some supports are not compatible with others, but you must choose the one that best solves your situation:

PLEASE NOTE THAT THE AMOUNTS LISTED BELOW MAY VARY BETWEEN DIFFERENT AUTONOMOUS COMMUNITIES

1 FINANCIAL HELP (The user receives monthly financial help). :

a) Care in the family environment - When the dependent person is cared for by someone in their family or environment, and the carer is not professional. The amount of these grants range from € 153.00 to € 387.64 per month. A non-professional carer can be the spouse or relative. They must prove that they have lived with the dependent for at least one year.

HELP VEGA BAJA is registered with the Valencian Authority as a Volunteer Organisation - Registration Number CV-04-047761-A. It is a non-profit making organization funded through voluntary donations. For further information see www.helpvegabaja.com



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b) Benefit Linked to a Service : This financial aid is provided to contribute to the expenses that the user makes to receive the support of a professional. The amount of this benefit varies from € 300.00 to € 715.07 per month, depending on the Degree of Dependency. The following are the rates for 2018:

GRADE	MAXIMUM EUROS / MONTH	MINIMUM EUROS / MONTH
III	€ 715.07	€ 429.04
II	€ 426.12	€ 300.00
I	€ 300.00	€ 300.00

2 TELE-ASSISTANCE

This is a medallion or bracelet with which you can access a switchboard by telephone case of emergency. Telecare is provided by the Cruz Roja and can be funded by Social Services in certain circumstances.

3 HOME HELP

Social Services can provide help in the home. It can be help with household chores, shopping, cooking, or personal support.

4 DAY CENTERS

They serve dependent people for several hours a day. There are two types according to the number of days of the week in which this service is provided:

Intensive day care: 4 to 5 days a week

Non-intensive day care: 2 to 3 days a week

You can find out about the Day Care Service via the Social Services.

5 RESIDENCES

This service, which provides places in public Residential homes , is managed through the Social Services .

If you believe you, or someone you care for would benefit from the Ley de Dependencia – contact your local Social Services Department